

GAT

GAT - Group of Treatment Activists, is a non-governmental, non-profit organization based in Lisbon.

Advocates for legal and policy changes that positively affect the health, rights and quality of life of people living with HIV, viral Hepatitis and other Sexually Transmitted Infections (STIs).

It aims to contribute to the objectives of UNAIDS, as well as to the United Nations Sustainable Development Goals, especially the third (quality health).

Our services are focused on different key populations and offer fast, anonymous, confidential and free screening for HIV and other STIs, medical and nursing consultations for STIs, distribution of material for harm reduction, condoms and lubricants, among other services.

GAT supports all people living with HIV in Portugal (including undocumented migrants) to overcome administrative barriers to access and integrate the National Health System, treatment adherence and retention in care.

If you would like to know more about our services, check our website www.gatportugal.org or contact us on geral@gatportugal.org or +351 210 967 826.

DO YOU NEED SUPPORT TO ACCESS HEALTH CARE FOR HIV AND/OR VIRAL HEPATITIS IN PORTUGAL?

Contact our services

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PROMOTER



OUR PARTNERS



MIGRATION AND HEALTH

Access to healthcare for HIV and Viral Hepatitis in Portugal

Questions and answers



QUESTIONS AND ANSWERS: ACCESS TO HEALTH CARE FOR MIGRANTS LIVING WITH HIV AND VIRAL HEPATITIS IN PORTUGAL

Do migrants have the right to access health care for HIV and hepatitis in Portugal?

All migrants residing in Portugal, regardless of the administrative situation (legal or illegal), have the right to free access to health care for HIV and Viral hepatitis, according to Order N.º 25 360/2001 and Decree-Law N.º 113/2011.

Who should I contact?

There are different services that can support you, such as:

- NGOs working in the field of HIV, Viral hepatitis and/or STI (for example o GAT);
- Health center in your area of residence;
- Health office (ARSLVT/DSP), at CNAIM in Lisbon;
- CLAIMs / CNAIMs.

NOTE: If you face any difficulties in access the treatment, contact GAT.

Is the HIV and Viral hepatitis treatment free?

Yes! All people living with HIV and/or Viral hepatitis are exempted from payment for this specific situation, for example, infectology and/or hepatologist consultations, blood test, and antiretroviral treatments.

If an improper charge is made from the infectology and/or hepatology services you must inform the hospital's finance department to evaluate the situation and/or contact GAT to assist you in canceling the charge (if the charge was done improperly).

Can the Foreigners and Borders Service (SEF) deny my visa for living with HIV and/or Hepatitis in Portugal?

No! It is not necessary to present any health declaration to acquire the Residence Permit and the National Health System Data are not shared with SEF in these situations.

If your residence request is specifically related to health reasons, SEF can request a medical declaration.

How is HIV follow up care in Portugal?

- Consultations are carried out at the hospital;
- Blood tests and consultations usually take place every 6 months;
- The antiretrovirals are normally dispensed at the hospital's pharmacy every 3 months.

NOTE: The period between consultations may change according to the doctor's evaluation. If you face any administrative, social and/or economic situations that obstruct your access or maintenance of your treatment, please contact GAT.

What documents are required to access HIV and Viral hepatitis treatment? For undocumented migrants:

At GAT, it is necessary to present:

- Valid passport or other identification documents;
- Proof of living with HIV or Viral hepatitis. If you do not have one, you must have a rapid HIV test (for free) at any of our services;
- Medical assistance entitlement document, examples: PB4, European Health Insurance Card, other (not obligatory);
- Tax Identification Number.

At Health Centers, it is necessary to present:

- Valid passport or other identification documents;
- Proof of living with HIV;
- Residence certificate issued by your municipality center (in Portuguese "Junta de Freguesia") that certifies your residence in Portugal for more than 90 days at that address. If you have the document referred to in the following section, you do not need to present the Residence certificate;
- Medical assistance entitlement document, examples: PB4, European Health Insurance Card, other (not obligatory);
- Tax Identification Number.

NOTE: If you do not have the referred documents or face any difficulties in obtaining them, contact GAT.